



Now Curves works for you, your budget and your community.

There's never been a better time to join than during our Curves Food Drive. Our 30-minute circuit works every major muscle group so you can burn up to 500 calories (2000 kilojoules). It's good for everyone.

**JOIN FOR FREE*
WHEN YOU DONATE
A BAG OF GROCERIES.**

*Food or cash donation required to local food bank determined by club. Offer based on first visit enrolment, minimum 12 months direct debit program. New members only. Not valid with any other offer. Valid only at participating locations from 9/3/09 - 28/3/09.
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Curves

The power to amaze yourself.™

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